

Experience the essence of Lincolnshire where we take pride in being an independant, family ran restaurant. Where we proudly showcase the finest locally sourced beef, pork, chicken, seafood and ingredients which reflect our commitment to quality and community.



We are a sharing style concept, all dishes will come out as and when they are ready. We recommend 2/3 dishes per person.

Instagram: cognito.uk

Facebook: cognito.uk

www.cognitouk.com

URAMAKI 8 PIECES	California Roll (GF) Crabstick, Avocado, Cucumber, Tobiko	9.00
SHI	Green Dragon (V) (GF / VG on Request) Seasonal Vegetables, Tempura Flakes, Teriya Sauce, Wasabi Mayo	10.50 ki
R	Salmon (GF) Mango, Red Pepper, Romesco	12.50
	Tuna (GF) Chive, Cucumber, Yuzu Kosho	14.00
	Seared Sirloin Beef (GF) Slaw, XO Emulsion	12.00
	Dragon Roll (GF on Request) Tempura Prawn, Avocado, Tobiko, Teriyaki Sau Wasabi Mayo	16.00 ICe,
FUTOMAKI 6 PIECES	Katsu Chicken Mango, Roasted Pepper, Katsu Mayo	10.50
	Tuna Gimbap (GF) Cucumber, Shisho, Korean Hot Sauce	12.00
	Spider Roll (GF on Request) Tempura Soft Shell Crab, Avocado, Carrot, Cucumber, Ginger, Lemongrass	13.50

MAKI 8 PIECES	Cucumber (VG) (GF)	5.00
	Rainbow Vegetable (VG) (GF)	6.50
	Avocado (VG) (GF)	7.00
	Salmon (GF)	8.00
	Octopus (GF)	8.00
	Tuna (GF)	9.00
NIGIRI 2 PIECES	Tofu (VG) (GF)	5.00
	Salmon (GF)	6.50
	Octopus (GF)	7.00
	Tuna (GF)	7.50
	Scallop (GF)	8.50
	Sirloin (GF)	7.25
	Mixed Nigiri Platter (V on request) Omakase 4/8/12,	13.00/26.00/39.00
SASHIMI 3 PIECES	Salmon (GF)	7.00
	Octopus (GF)	7.50
	Tuna (GF)	8.00
	Scallop (GF)	10.25
	Mixed Sashimi Platter Omakase 3/6/9,	7.50/15.00/22.50

Omakase Experience30.00 / 55.00 / 80.00Omakase is the Japanese tradition of letting the chefchoose your food. Let our chefs use theircreativefreedom and choose your platter.20 / 40 / 60

PLEASE PRE ORDER AT LEAST 24 HOURS IN ADVANCE OF YOUR BOOKING.

(VG) = Vegan (V) = Vegetarian (GF) = Gluten Free Due to sourcing from fresh and local suppliers, some items are subject to availability. Please let your server know if you have any allergies or intolerances. We operate a nut free kitchen.

